



Spirit at Sea

TRAVEL

Featuring



Temple Hayes
Author, Difference
Maker, Spiritual Leader



Arie Boris
Renowned travel writer,
food critic and Vacation
Maker Extraordinaire

Our Day-By-Day Itinerary

Spirit at Sea Travel Retreat Program activities planned for each sea day

Details and speaker presentation schedule to be advised.

DAY	DATE	PORT	ARRIVE	DEPART
1	Sun 06 May	Tampa, Florida	5:00pm	
2	Mon 07 May	Key West, Florida	11:00am	6:00pm
3	Tues 08 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
4	Wed 09 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
5	Thu 10 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
6	Fri 11 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
7	Sat 12 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
8	Sun 13 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
9	Mon 14 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
10	Tue 15 May	La Palma, Canary Isles	1:00pm	9:00pm
11	Wed 16 May	Tenerife, Canary Isles	7:00am	5:00pm
12	Thu 17 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
13	Fri 18 May	Malaga, Spain	12:00 n	9:30pm
14	Sat 19 May	Cruising - <i>Spirit at Sea Travel Retreat Activities</i>		
15	Sun 20 May	Barcelona, Spain	6:00am	